

## Miriam Götte, PhD

Dr. Götte is head of the working group “exercise oncology” at the West German Cancer Center at University Hospital Essen. Her research focuses analyzing the benefits of physical activity in childhood cancer patients and survivors. Dr. Götte is speaker of the nationwide Network ActiveOncoKids that implements clinical exercise programs into usual care of children and adolescents with cancer and supports families and children to participate in sports. Dr. Götte is PI of several trials evaluating the effects of exercise on health related and immunological outcomes during acute cancer treatment and during early aftercare. In addition to pediatric and adolescent oncology, Dr. Götte participates in several research projects in adult exercise oncology with a focus on advanced and metastatic cancer. Her latest publications are a systematic review on the immunological effects of exercise in pediatric oncology (DOI: 10.3389/fimmu.2021.746171), an analysis of adverse events during supervised exercise interventions in pediatric oncology (DOI: 10.3389/fped.2021.682496), and the guideline “Movement and Exercise Guideline in Pediatric Oncology” for the Association of Scientific Medical Societies in German (<https://www.awmf.org/en/clinical-practice-guidelines/detail/II/025-036.html>).

Dr. Götte collaborates with researchers on an international level to close research gaps and translate research findings into practice, including the international Pediatric Oncology Exercise Guidelines (iPOEG). Her main goal is to enable cancer patients to be physically active during the whole cancer trajectory.

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### Network ActiveOncoKids

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